Primary ETHICS

Become a volunteer ethics teacher

Do something life-changing this year

Teach ethics at your local school

For around an hour a week, you can teach an ethics class at your local school and help children develop skills for life.

Ethics classes support children to develop the skills they need to voice their opinions, consider the ideas of others and to make decisions based on evidence and reasoning rather than habit or peer pressure.

In ethics classes, children discuss ethical issues using an approved curriculum designed for each age group and include topics such as Laziness, Voting, How can we work out what's true? and Imagining how others feel.

Volunteers are needed now to teach ethics classes at a school near you. Training and support is provided.

Only about an hour a week

Find out more at
PrimaryEthics.com.au

Primary ETHICS

Become a volunteer ethics teacher

Primary Ethics seeks volunteers to deliver weekly ethics classes to children across NSW. While close to 40,000 children in government primary schools currently benefit from ethics education, with more volunteers it could be made available to many more.

Primary Ethics is the not-for-profit organisation that is authorised to develop and deliver special education in ethics to children in NSW.

We rely on parents, grandparents and community-minded people to become volunteer ethics teachers in their local primary school. It is a rewarding way to be involved in your local community, learn new things and help children develop skills for life.

Comprehensive training, access to lesson materials and classroom support are all provided. Previous teaching experience is not required.

Opportunities are also available for behind-the scenes roles including coordinators and regional managers.

> **"In time, not very much time at all, it will be the decisions of the children we teach today that will shape the world."**
>
> – ***Dr Simon Longstaff***
> *The Ethics Centre*

Do something life-changing today.
Apply at **PrimaryEthics.com.au/volunteer**

Primary
ETHICS

Why choose ethics classes for your child?

Ethics classes for all age groups run in the SRE/SEE* timeslot in schools each week.

Classes are free and are run by specially trained volunteers, who are often parents and grandparents.

The lessons are prepared by experts in the fields of childhood education and ethics. Our curriculum is reviewed by the Department of Education.

Ethics classes are for children of all faiths and none.

Ethics classes are designed to get children thinking, deeply and well.

*Special Religious Education/Special Education in Ethics

"Ethics classes help me think about things more carefully and try to make better choices"

What happens if you send your child to a weekly ethics class?

Ethics lessons explore everyday ethical issues pitched at your child's age level.

Ethics teachers present stories and questions that encourage children to consider what they would do – and what they ought to do - in that situation. The teachers don't give their own opinions - they help the children to discuss amongst themselves issues such as:

- what if I hurt someone without meaning to?
- what if I break a promise?
- when, if ever, should we tell on someone?
- is bragging wrong?
- what is fairness?

Every ethics class follows 6 rules.

1. Only one person speaks at a time.
2. Pay attention to the person who is speaking.
3. Speak to the other students, not just the teacher.
4. Give others a chance to speak.
5. Build on others' ideas.
6. No put downs.

"I realise that I can still like someone who has a different opinion"

"It really helps with your personal confidence to know your opinion is valued in ethics"

Which skills will my child develop in ethics classes?

- careful listening to all points of view
- being able to disagree without put-downs
- resisting peer pressure without losing friends
- understanding other children's problems
- giving evidence-based reasons for their opinions

These are essential skills as they grow up in our complex and pressurised world.

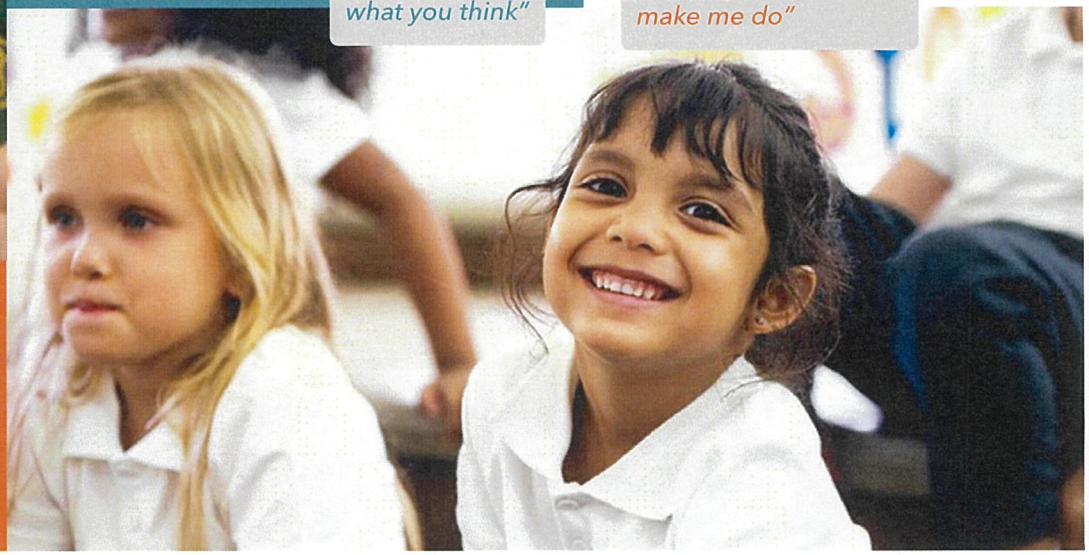
How could ethics classes help me as a parent?

- Children gain confidence, their concentration improves
- Children learn to explain their point of view
- Children are more ready to discuss disagreements calmly
- Children develop a stronger ability to empathise and are more considerate of others.

What do children say about ethics?

"I learned that it is okay to be honest about what you think"

"I learned how to tell friends I didn't want to do things they tried to make me do"



How to enrol?

If your child is starting kindergarten, you should be given an SRE/SEE enrolment form. Otherwise, contact your school office to inform them that you want your child to attend ethics classes.

What if my school doesn't offer ethics?

Ethics classes depend on having enough trained volunteers to run the classes. We always welcome new volunteers and offer free training workshops throughout the year, both online and face to face, to suit your schedule.

Contact us to find out how to start ethics classes at your school and how to become an ethics teacher.

Primary
ETHICS

primaryethics.com.au

(02) 8068 7752

Primary Ethics is the sole approved provider of Special Education in Ethics to NSW public schools. Primary Ethics is a registered charity ABN 28147194349

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NSW Department of Education

Why attendance matters

When your child misses school they miss important opportunities to...

Learn

Make friends

Build skills through fun

education.nsw.gov.au

NSW GOVERNMENT

Minutes lost = days lost per year

A couple of minutes here and there doesn't seem like much, but...

When your child misses just...	they miss days per year
5 mins per day	= 3 days
30 mins per day	= 18 days

Patterns of lateness can have a serious impact on your child's education.

education.nsw.gov.au

Issue 54: 11 November 2021

Health
Western Sydney
Local Health District

Keeping families and children well

COVID-19 Bulletin

Information for schools, child care services and family day care services in western Sydney.
Provided by Western Sydney Local Health District's Munch & Move and Live Life Well @ School teams

Welcome to the latest COVID-19 Bulletin, containing helpful information and resources on current COVID-19 topics, as well as practical ideas for childcare services, schools and families to keep everyone healthy and active during this time. **Become a COVID-19 Bulletin subscriber here.**

LATEST NEWS

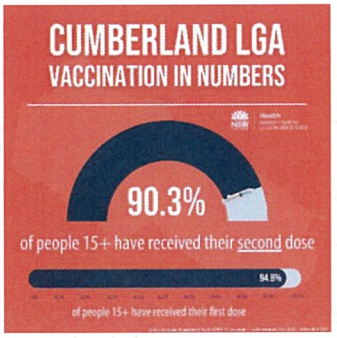
11 November is Remembrance Day

A day to remember the sacrifice of those who have died for Australia in wars and conflicts.

More information: NSW Government Veterans Affairs

COVID-19 vaccination

90% of people aged 16+ are now fully vaccinated against COVID-19.
In Western Sydney almost at 95% of our residents aged 15+ vaccinated with at least one dose.



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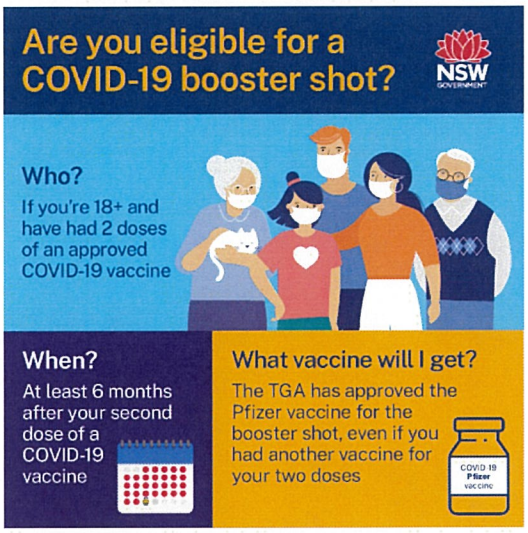
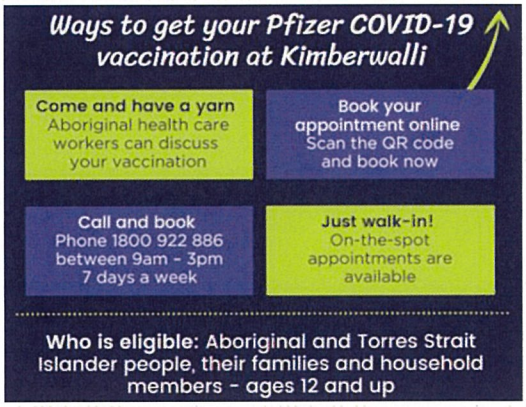
COVID-19 vaccination updates

- Everyone aged 12 and over is eligible for a COVID-19 vaccine.
- A third primary dose is recommended for some people who are immunocompromised due to certain treatments or conditions to achieve similar levels of protection as two doses.
- People aged 18 and over, who received their second dose of a COVID-19 vaccine at least 6 months ago, are recommended to have a booster vaccination.

  If you were vaccinated at a NSW Health vaccination centre, you will receive an SMS message advising when you are eligible for a booster vaccination. Your Immunisation History statement or COVID-19 certificate also show when your last dose was.
- Find an clinic or book an appointment here.
- **New vaccination clinic**: The Granville Centre, 1 Memorial Dr, Granville. Open to people 12 and over for first, second and booster doses, 8am-4pm, 7 days a week. Bookings are encouraged and can be made here. Walk-in vaccinations are also available. Post for sharing
- **Pfizer vaccinations available for Aboriginal and Torres Strait Islander people aged 12 and over**, their families and household members:
  - **Walk-in** at Kimberwalli, Whalan. Come and have a yarn to discuss your vaccination or make a booking here. Promotional flyer
  - **Pop-up vaccination clinic** at Doonside Cottage, 2 Astral Dr, Doonside, Friday 12 November 9am-2pm

More COVID-19 vaccination information here.





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COVID-19 case alerts in Western Sydney

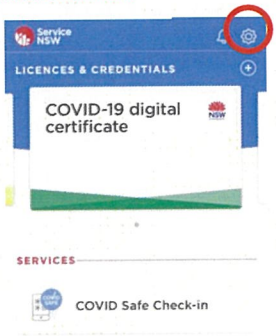
Close contact alert for Minchinbury:

- Pinegrove Memorial Park – funeral 10 am, 30 October, North Chapel
- Llandilo wake – private residence 30 and 31 October

More information, case locations and alerts here.

Your Service NSW app also **lets you know if you've been to a COVID-19 case location.**

Turn on Notifications here



- **Turn on 'Notifications' in the app**
- You'll receive a notification on your phone.
- It will tell you to go to your check-in history.
- Here you will learn more and what you need to do. Read more here.

Having trouble scanning a QR code? A step by step guide and a video are here.

Still need to link your vaccination certificate to your Service NSW app?

- How to video here. Read more here
- How to if you were vaccinated overseas here.
- Other ways to show proof of vaccination here.

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Restriction update

From Monday 8 November, restrictions for fully vaccinated people eased. Those not fully vaccinated must follow the pre-road map restrictions. Check the latest rules and how they apply to you.

- Keep up-to-date with the rules for interstate and international travel here.
- NSW restrictions are expected to ease further from when NSW reaches the 95% double vaccination target or 15 December, which ever happens first.

NSW Health has updated screening requirements for entry to a healthcare facility. Anyone who has been overseas:

- in the past 7 days will not be allowed entry.
- in the past 8-14 days must show evidence of a negative COVID-19 test taken on or after day 7 following their arrival.

COVID-19 testing and self isolation

You can still get COVID-19 if you are fully vaccinated.

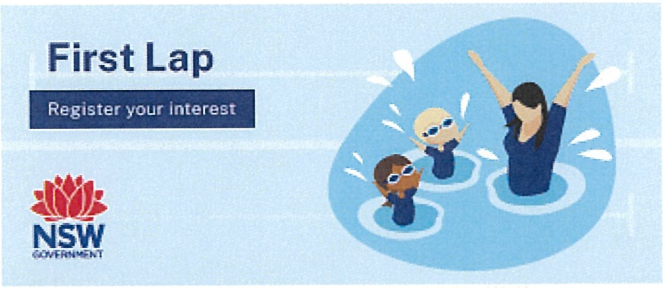
Get a standard test (nose and throat swab test, also known as 'PCR') if you have any symptoms, even if they are mild. Self-isolate until you receive a negative result. Find your nearest testing clinic here.

- Updated advice for confirmed cases, close contacts, and casual contacts.
- FAQs for parents and carers of people who need to be isolated due to COVID-19.

Information for families – First Lap voucher

First Lap voucher

The First Lap voucher program provides $100 vouchers for parents and carers of children aged 3-6 years who are not enrolled in school towards the cost of swimming lessons. The program is temporarily available to children in kindergarten in 2021 and children starting kindergarten in 2022, who missed out on vital water safety education during their pre-school years due to COVID-19 restrictions. More information: www.sport.nsw.gov.au/firstlap/parents



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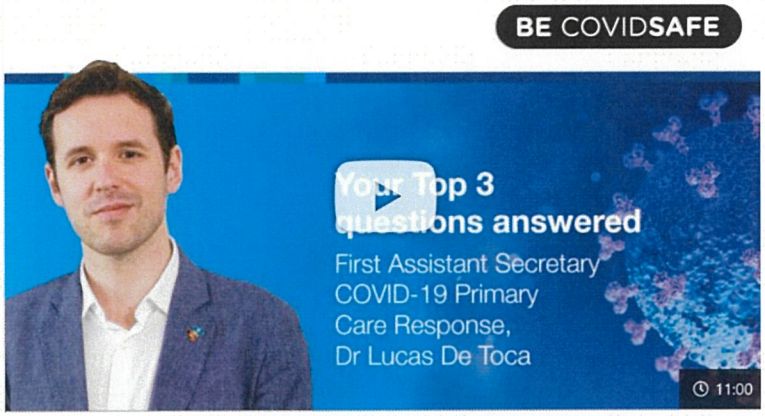
Information for families - Term 4 Roadmap

- From 8 November all schools will operate on updated Level 3 settings for the rest of Term 4, with additional activities allowed in a COVID-safe manner. Download Term 4 road map.
- **Is your child feeling anxious about returning to school? How can you best support them?**



Dr Lucas De Toca from the Department of Health provides advice for parents to support children who are anxious about returning to school.

(His response starts at 5 minutes 14 second mark).

Living well after lockdown – Information to support the community

- **The Living well after lockdown toolkit is now available to download**. There are more than 120 social media wellbeing tiles created for the community in response to the Life after lockdown survey. The toolkit is located on the Living well after lockdown webpage.
- Topics cover: Staying COVID safe, mental wellbeing, social connection, keeping active and healthy eating.
- Choose a different tile/s each week for your community and upload to your digital channels and newsletters.

Don't underestimate the power of regular conversations with your kids. Here are some tips to support your child with a healthy transition to their usual activities. And remember - be kind to yourself, it's an unusual time for all. Parentline can help you navigate the challenges of parenting. Call 1300 1300 52 or for more information www.kidshelpline.com.au/parents/issues/how-parentline-can-help-you

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COVID-19 resources

COVID-19 print and web resources available here. You can search resources by language here.

- About COVID-19 vaccines fact sheet: digital, print versions and translations available here.
- What to expect after your vaccination video. Translations available.
- Booster vaccination video.
- Steps for contact tracing fact sheet. Translations available in print and video.

Mental health support for young people

Afghan youth mental health discussion: Friday 12 November, 5 – 7pm via Zoom. Register here.

Safe Haven – for anyone 18 years and under

Check out this short video about the new and free crisis drop-in centre for young people in suicidal distress. Located at Redbank House, Dragonfly Drive, behind Westmead Hospital. Safe Have is open 3:30pm-9:30pm Sunday to Wednesday for anyone aged 18 and under.

COVID-19: Need more information or help?

Websites:

- Check latest announcements and NSW Health COVID-19 information
- Check Australian Government COVID-19 information
- Follow NSW Health on Facebook and Twitter
- Visit www.healthdirect.gov.au to check symptoms
- Visit http://www.nsw.gov.au/covid-19 for all other COVID-19 related information
- Visit COVID-19 Community Resources website. Subscribe here.

Who to call:

- Call National Coronavirus Hotline on 1800 020 080 (24/7) for health questions or to check symptoms
- Call Service NSW on 13 77 88 (24/7) for non-health related questions
- Call Beyond Blue on 1800 512 348 (24/7) for mental wellbeing support
- Call Translating & Interpreting Service on 13 14 50 for FREE help in your language
- Call COVID-19 Let's Talk on 8890 5236 to talk about stress and lifestyle changes during COVID-19

Resources:

Coronavirus Australia app

Feedback – we would love to hear from you

We appreciate any feedback or suggestions you have on our 'Keeping families and children safe – COVID-19 bulletin. Please click here to complete our short bulletin survey. Thank you.

Information is current at date of issue – 11 November 2021

We acknowledge the Darug people, the traditional custodians of the land/s on which we work, and pay respect to elders past, present and emerging.

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